

Village Voice

February 2009

We have all the news from Hillside Village, Woodside Village, Aidylberg Village and the Love House.



Happy Valentine's Day

Birthdays to Celebrate

Love House

Happy February to all

Hillside

- 2/2 Jessica Shannon - HV1
- 2/4 Suzanne Crossland – HV1
- 2/9 Joan McDonough – HV2
- 2/17 Colin Kennedy – HV1
- 2/18 Rebecca Perkalis – HV1
- 2/19 Mario DeBari – HV3
- 2/26 Jessica Beigbeder – HV1

Woodside Village

- 2/4 Rita Reynolds – WV2
- 2/4 Dennis Morrow – WV2
- 2/6 Rosemary Brown – WV3
- 2/10 Norman Ethier – WV1
- 2/14 John Bettencourt – WV6
- 2/19 Dorothy King – WV1
- 2/23 Anne Sylvester – WV4
- 2/25 Virginia Menton – WV1
- 2/26 Jesse Silva – WV2
- 2/28 Irene Baugh – WV2

Aidlyberg

- 2/2 Eileen Holley – AV2
- 2/27 Leila Sequeira – AV1



HILLSIDE VILLAGE

Joan McDonough, President (508-696-9312)

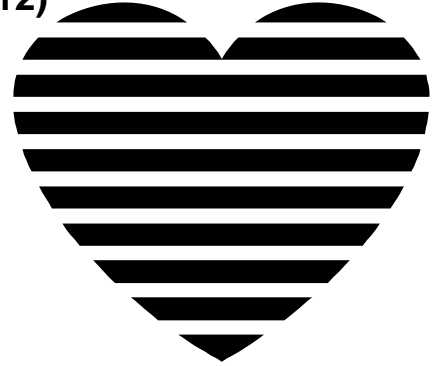
The total balance of the Treasurer's Report as of January 10th, 2009 is \$324.42.

It was decided to have

Coffee and Valentine Cookies

at the next meeting which will be

Saturday, February 14th (Valentine's Day) at 11A.M.



It was also voted to have a **Corned Beef and Cabbage Dinner** after the **March 14th** meeting. There will be a \$5.00 charge, \$2.50 for kids. More details in the March Voice.

BINGO is in the works! If you are interested please give me a call so we can get an idea of those who are interested. We will have it on Tuesday's at 6:30 p.m. in Hillside II Conference Room.



MUSINGS FROM WOODSIDE 3

Nancy Luedeman

February 1 – St. Bridget

It is warmer out now.

Each end of the day is lighter

Irish Breakfast Tea

Oatmeal for breakfast

February 1st

Think spring

**Thank you
Thank you
Thank you**

*To The MV Public
Charter School*

What a delicious dinner you gave us -
What a wonderful evening you gave us -
What an amazing group you were
to sing with us, dance with us,
and give us such a special evening.

We loved every minute of it!

Thank you

From all of us at IETH!



Thursday, Feb. 26, 2009

POTLUCK

Bring your favorite casserole, salad, desert or other favorite food to share!

Celebrate our getting halfway through the winter by having one of our spectacular IEH potluck dinners

JOIN US !!



February Calendar

Blood Pressure Clinics

- Hillside: Wed., February 4 @ 10:00am (first Wednesday of the month)
- NOTE: change in location** – at Hillside Village 2 Community Room
- Aidylberg: Thurs., February 19 @ 10:30am (third Thursday of the month)
- Woodside 1: Mon., February 23 @ noon (last Monday of the month)
- Woodside 2: Mon., February 23 @ 1:15pm (last Monday of the month)

Rosary – Thursdays at 3:30pm at WV1

Bingo – Tuesdays at 6:30pm at WV2

Movies – Thursdays @ 6:00pm at WV2 - Hank Sjostrom is the *Movie Manager!*

AA Weekly Meeting for IEH Residents – Fridays at 3:30pm at WV1

“Dinner at 5”

with Movie Master Hank

showing a fabulous flick at 6pm

February Menu

Woodside Village 2 Community Room



Thursday, February 5

Pea Soup
Chef's Salad (ham, turkey, cheese)
Rolls and Desert

Thursday, February 12

French Toast
Sausage or bacon
Fruit

Thursday, February 19

Beef Stew
Mashed Potatoes
Salad, rolls
Dessert

Thursday, February 26

POTLUCK NIGHT
an IEH celebration!!

Remember to call Ann Baird to sign up 693-7009

**Please help your neighbors come to the dinners
by offering a ride and carpooling.**



Important Phone Numbers

Dorothy Young, Property Manager	508-693-7555, ext. 14
Sandra Webster, Site Manager Hillside	508-693-7577
Ann Baird, Service Coordinator	508-693-7009
Liam (Will) Carter, Maintenance Director	508-693-8318
Daytime cellphone	774-563-2149
Emergencies Nights and Weekends	774-563-2148
Blueberry Van – Kevin McFarland	508-693-5880 ext.15

~~~~*REMINDER*~~~~

## **Apartment Inspections Start in February**

Every apartment will have an annual inspection as required by HUD and USDA to evaluate if fire, safety, and health standards are met and will assist the Maintenance Department in determining if any repairs or changes need to be made. Listed below are some reminders for keeping a safe and accessible apartment.

- **Please make sure you have clear exits for fire and clear pathways for medical emergencies.**
- If you have a question about the apartment or need something repaired, please remember that you do not have to wait until an apartment inspection. You can fill out a Work Order or you can call Maintenance if you have a question.
- If you want to change something that is part of the apartment, such as replacing a ceiling light with a fan, please complete an “Alteration Request Form” from the Property Management Office.
- Please do not use the bathtub/shower as a storage area. The trap will dry out and gases can back up into the apartment.
- Please remember – **it is very dangerous** to boil pans of water on the stove as a humidifier for your apartment. Please purchase a small humidifier if you need humidity in your apartment.

Please know that you can call either the Property Management Office or the Maintenance Office if you have any questions.



### **Helpful Telephone Numbers**

|                                            |              |
|--------------------------------------------|--------------|
| Property Management Office – Dorothy Young | 508-693-7555 |
| Hillside Site Manager – Sandra Webster     | 508-693-7577 |
| Maintenance Office - Liam Carter           | 508-693-8318 |

# What Matters More Than Snow?

Roberta Mendlovitz WV1

In spite of the fact that winter is treating MV kind of harshly this year, the feeling around IEH is that we are lucky to be here on the Vineyard and lucky to have hot water, heat, and such in our buildings. With grim economic news on the TV and constant reminders of all the thousands of houses repossessed, creating families without shelter, with millions of jobs being eliminated and, as always, hunger and war hitting so many populations in the world, we residents feel fortunate to have all that we have. We also have a very active Board of Directors which is always thinking up new ways to improve things. The Staff heads and the Executive Director are included in the Board and are constantly thinking up ways to make our problems a little less burdensome. Life is not perfect here, but as conditions deteriorate in the world, most of the residents, if not all, realize that millions upon millions of people in the world are so much worse off and, in many instances, unable to be helped very much or saved. Of course as our new President says, "everyone must do his or her share to help the world."

In a recent conversation with Ann Baird, our Service Coordinator, she reminded me that all residents can help make things run better right here:

1. Please keep your File of Life up-to-date in cases of emergency.
2. Please make sure that the office at IEH has your choice of Responsible Person to call in an emergency involving you.
3. Let Ann know if you want to make it known that you are ill and where you are. No news about an illness or what facility you may be in can be released by the office. However, YOUR RESPONSIBLE PERSON CAN LET THE OFFICE KNOW AND A NOTICE CAN BE POSTED IN YOUR BUILDING OR THE MAIN OFFICE SO THAT FELLOW RESIDENTS CAN REACH YOU WITH CARDS, ETC.
4. Quite recently I filled out my FIVE WISHES LEAFLET (obtainable from Ann) and instead of finding it depressing I felt much relieved when all my wishes were on paper and I was confident that I still would have the last word!!!!

Service Coordinator, Ann Baird

508-693-7009

p.s. Don't forget to make arrangements for your pet if you are ill.

Woodside Village Tenant's Association

Norman Ethier



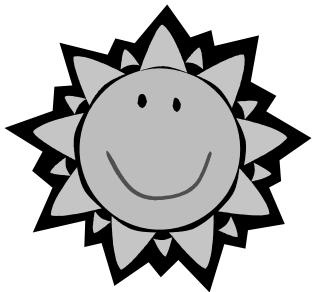
# Valentine's Day Party



***For all you Sweethearts !***

**Saturday, February 14<sup>th</sup> at 7pm - Community Room "A" at WV1**

**Bring finger food and  
unsigned (or signed!) Valentine's cards**



## Notes/Reminders from Staff

The Chair Exercise Classes are on every Wednesday morning at 10:30am at WV 2 Community Room. Please remember to bring \$3.00 for the class. *Join in the fun and feel good!*

Please remember to update: Your **File of Life** card with your medical history and medications should be posted on your refrigerator. If you need a new one or you need to make a copy or would like some help, please call Ann Baird at 508-693-7009.

IEH is on DVD! "One Day in the Life of Island Elderly Housing", the film by Al DeVito and Victoria Haeselbarth, is now available on DVD for \$5.00. You can get a copy by calling Ann Wallace at 508-693-5880 x12.

*Happy Valentine's Day*

*and*

*Happy Groundhog Day*

**from all the staff !!**