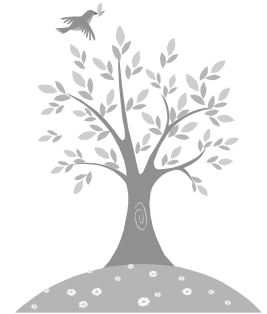


# Village Voice

May 2010

We have all the news from Hillside Village, Woodside Village, Aidylberg Village and the Love House.

## It's May - Hooray!



## Birthdays to Celebrate

### Love House and Aidylberg Village

Happy spring to all !

### Hillside Village

5/1 Herbert Ward—HV1  
5/13 Skip Petersen—HV2  
5/17 Glenna Moore—HV1  
5/15 Hector Santiago—HV2  
5/24 Shawn Willoughby—HV1

### Woodside Village

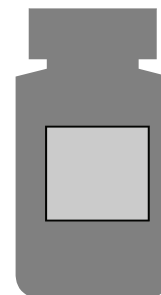
5/2 Brenda MacDonald— WV1  
5/4 Anna Duarte—WV1  
5/6 Lorraine Huffman—WV6  
5/9 Eileen McLaughlin—WV3  
5/10 Barbara Ward—WV1  
5/10 Norman Gardner—WV1  
5/19 Doris Gaffney—WV1  
5/20 Leonora Devaney—WV1

**Woodside Village Tenant's Association**  
Norman Ethier

**Nominations** are open for the officers of the Woodside Village Tenant's Association. Officers serve a 1-year term beginning June 7th.  
For further information, please check your bulletin board.

**Thank you to Woodside Residents**

from **Anna Duarte at Woodside Village 1.**  
With your help, Anna collected over **400** empty prescription bottles for the Oak bluffs Senior Center. These donations went to a program for medical help to Africa. **Please note:** the donation program has now ended for this year.



~ !! Sign up right away !! ~

*COOKOUT with the Charter School Students*

**Wednesday, May 12, at 1pm**  
**Woodside Village 2 Community Room**



*Join us for this fun and delicious event!*  
Call Ann Baird to sign up at 693-7009

**Sight Loss Support Group**

A group is forming to talk about resources and provide support to those residents experiencing sight loss. The date for the group's first meeting will be on:

**Tuesday, May 4, 2010**  
**1:30pm at Woodside Village 1—Corridor A, Community Room**

For more information, please call:  
Laurie Schreiber at the Edgartown Council on Aging - 508-627-4368  
or Ann Wallace at IEH 508-693-5880 x12.

# News/Reminders from Staff



## VTA News

- ◆ The **new bus schedules** start on May 1st. The offices at Woodside Village 1 and Hillside Village have schedules if you need them. Also, Ann Baird, Service Coordinator, has schedules and can help you.
- ◆ The VTA will be loaning to IEH some “**shopping carts**” that are on wheels! They have an insulated bag for groceries and a fold-down seat so that you can sit if you wish, while you wait for the bus. These will be loaned out on a first-come, first-served basis. Please see Judy at the WV 1 office or Sandra at the Hillside Village office if you would like to borrow a cart.

**Spring brings many wonderful things!** ... just a reminder that along with warm weather, many little bugs and particularly ants arrive and love to feed on pet food. Please make sure that pet food—especially cat food—is not left out to attract ants.

## *National Senior Health & Fitness Day* Wednesday, May 26, 2009—10 a.m.



IEH will be celebrating **YOUR good health and fitness** by joining in a nationwide event. Join us! There will be events held all over the country to showcase what local organizations are doing to improve the health and fitness of seniors in their communities.

### ***Watch for posters on IEH events***

Enjoy some exercise and a lovely walk (short or long) on a beautiful spring day. Bring your unicycle or skateboard—or **just come and have fun** with your friends and neighbors. Please call Ann Baird at 508-693-7009 or Judy at Woodside Village 1 at 508-693-7555 x10

# **Celebrate Spring with a Potluck!!**

On **Thursday, May 6, 2010**, join us for a spring **Potluck Dinner!** Please bring a main dish, casserole, vegetable, or dessert. IEH will bring a bountiful salad and all the fixings. Invite your neighbors, bring your favorite dish and have a wonderful dinner at Woodside Village 2 Community Room.

Please call Ann Baird, Service Coordinator, **to sign up** and to let her know what you will be bringing to the Spring Potluck - 508-693-7009. See you there!!

## **WOODSIDE COFFEE HOUR** Woodside Village 2 Community Room

Wednesday, May 19, 2010 at 9am



*Join us for a delicious and fun coffee hour !*

**All IEH residents are welcome !**

# Health Workshop

By our superstar Public Health Nurse !

***Nicole Bartlett***

**Monday, May 24, 2010 11am—before the blood pressure clinic**  
Woodside Village 1 Community Room

Nicole Bartlett will be giving a talk on on Stress Management.

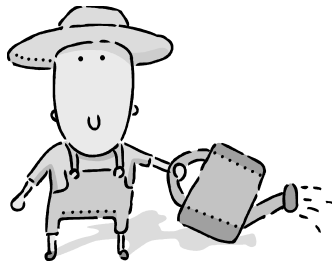
## The Berg Watch

Nancy Luedeman,  
we will miss you in your garden  
we'll miss you on your walks.  
we'll miss your candid comments  
while we gardened and you talked.

We're so grateful that we knew you  
gleaned your stories  
Loved your laugh.  
We sure loved you wrote our thank you notes  
and seemed to always have a blast.

You were always so appreciative  
shared your love of life with glee.  
We'd weed your plants  
you'd quote a line (with observations full of zest)  
while we were on our knees.

Yes, we will miss you in your garden  
we'll miss you on your walks.  
But, we'll still hear (in our mind's ear)  
your lively comments, as you talked.



The **Berg Watch** will be announcing it's monthly meetings in the IEH News-letters throughout the gardening months. All Woodside tenants are welcome to come discuss ideas, make suggestions, and help shape and beautify our Woodside Village landscape and gardening views.

**May Meeting:** Wednesday, May 26 at 6:30pm—Woodside 2 Community Room

### **Berg Watch Contacts:**

Lynn Thorp-508 693-3423    Joyce Dodge-508 696-6191    Jon Moore-508 693-5788

# “Dinner at 5”

**WITH MOVIE MASTER HANK  
SHOWING A FABULOUS FLICK AT 6PM**



## May Menu

Woodside Village 2 Community Room

**Thursday, May 6**

***POTLUCK!***

Sign up with  
Ann Baird

**Thursday, May 13**

Tomato Vegetable Soup  
Salad & Rolls  
Dessert

**Thursday, May 20**

Barbeque Chicken  
Potato Salad  
Dessert

**Thursday, May 27**

Ham & Beans  
Salad & Rolls  
Dessert

Remember to call Ann Baird to sign up 693-7009

## May Calendar

### Blood Pressure Clinics

Hillside: Wed., May 5 @ 10:00am (first Wednesday of the month)

Aidylberg: Thurs., May 20 @ 10:30am (third Thursday of the month)

Woodside 1: Mon., May 24 (not the 31st) @ noon (last Monday of the mo.)

Woodside 2: Mon., May 24 (not the 31st) @ 1:15pm (last Monday of the mo.)

Rosary – Thursdays at 3:30pm at WV1

Bingo – Woodside Village - Tuesdays at 6:30pm at WV1

Hillside Village – Tuesdays at 6pm at HV2

Movies – Thursdays @ 6:00pm at WV2 - Hank Sjostrom is the *Movie Manager!*

AA Weekly Meeting for IEH Residents – Mondays and Fridays at 3:30pm at WV1

***Please note:*** meetings are held on holidays