

Village Voice

September 2010

We have all the news from Hillside Village, Woodside Village, Aidylberg Village and the Love House.

September
is here!



Birthdays to Celebrate

Hillside Village

9/6 Doris Young—HV1
9/9 Craig Sias—HV1
9/10 Deborah Guiffre—HV1
9/11 Susan Rice—HV1
9/18 Hilda Illingworth—HV1
9/20 Al Hopp—HV2
9/25 Sheri Cunningham—HV1
9/30 Thomas Reese—HV2

Woodside Village

9/8 Jeannette Vincent—WV1
9/14 Spencer Hilton—WV3
9/18 Emma Goldhorn—WV2
9/22 Linda Andrews—WV1
9/26 Lillian Bush—WV1

Aidlyberg Village

9/6 William Sullivan—AV2

Love House

Happy Days to all!

Dear Residents –

It is that time of year again, to think about fall nor'easters and hurricanes.



Tips to Prepare for Bad Weather

At your apartment

1. Keep flashlights, batteries and a portable radio on hand.
2. Make sure to have non-perishables such as canned goods and have a manual can opener.
3. You may want to fill a large clean pot or bucket with fresh water.
4. Have medications filled and if you are on Oxygen, make sure that you have extra portable tanks on hand.
5. If you have a car, fill the gas tank.
6. Secure your outside furniture and take in any items that may blow around. (ex. Bird feeders and wind chimes).

If you feel you would be more comfortable staying with family or friends

7. **Call ahead to make arrangements.** Please make sure that when you leave your apartment you:
 - ◆ Close and lock your windows and doors
 - ◆ Turn off all electrical items
 - ◆ Ensure that your pets are taken care of or that you take them with you
 - Secure pet with carrier
 - Pack pet food and pet equipment, such as a leash or harness
 - ◆ Pack your medications/medical equipment and list of medications (File of Life)
 - ◆ Take outerwear: coats for warmth or rain
 - ◆ Please leave a message at the Site Manager's Office that you have left your apartment.

Evacuation

8. If evacuation is necessary, IEH staff will work with the local officials to assist you.

If you have any questions, you can always call your Site Manager.
Woodside Village Office 508-693-7555 Hillside Village Office 508-693-7577

Free Hugs Campaign

Our huge thanks to

Anita Cimeno, Betty Searle, Brenda MacDonald, Mary Haigazian and Jane Searle

On Saturday, August 21st, Island Elderly Housing introduced the Free Hugs Campaign to the Island. We were at the West Tisbury Library at 10am and then at the Black Dog Café at 1pm. More than 75 people got their free hugs — and they were every age and every size.

“Free Hugs — to help make a kinder and gentler world”

People loved it; their smiles and comments were wonderful.

“This has made my day!”, “There is never anything free on MV: this is great.”, “I will pass the hugs along.”, “What a wonderful idea!”, “I have seen this in other places; I am so glad the Vineyard now has it.”



Join us???

How about volunteering ? We are going to do a few different locations this fall and we would love to have your help. We provide transportation. We are only at a site for an hour. We have lots of fun!

Be part of a fun event!

Call Dorothy Young at 508-693-7555 x 14



The Free Hugs Campaign began in Australia in 2004 and is sweeping the world. There are now campaigns on five continents including North America. It has been featured on Oprah and the news around the world. The videos on YouTube have been watched over 60 million times.



Woodside Tenants' Association Cookout!

SAVE THE DATE!

On Sunday, September 5th at 3:30pm will be the annual
Woodside Village Labor Day Cookout!
Don't forget to sign-up!

Continuing !

The Cheerful Hour

Wednesdays at 3pm-4pm

Community Room in "A Corridor" Woodside Village 1

*"Accentuate the positive
Eliminate the negative"* (Johnny Mercer)

Hillside Village

Betty Searle, Tenants' Association President

Welcome to all of our new neighbors!

Save the date! - October 9, 2010

We are planning a **Halloween Party** after the
Tenant's Association Meeting on October 9th.

After Labor Day—Watch for announcement
The new Wii Bowling League for Hillside Village !!

Important Phone Numbers

Dorothy Young, Property Manager	508-693-7555, ext. 14
Hillside Village 1, Site Manager Office	508-693-7577
Ann Baird, Service Coordinator	508-693-7009
Liam Carter, Maintenance Director	508-693-8318
Daytime cellphone	774-563-2149
Emergencies Nights and Weekends	774-563-2148
Blueberry Van – Kevin McFarland	508-693-5880 ext.15



News/Reminders from Staff

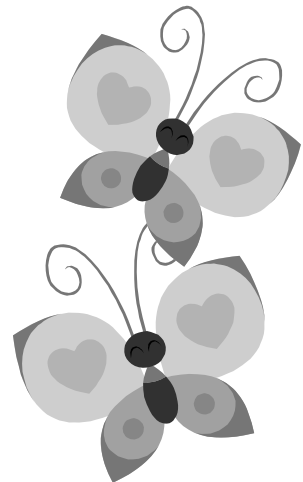
Just to let you know ... We have been able to clean up the area near the Tool Shed at WV2. We have removed all the discarded brush and trees and all the mounds of rubble that had been neglected for many years as well as some other dead trees in the front of WV1. We have had many questions about what we are going to do in that lot — there are no plans for anything in that area at this time.

Daughters

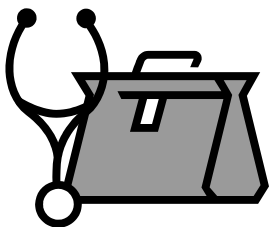
Virginia Menton, Woodside Village 1



Daughters three unfold thy wings
All so clipped with special things.
But oh so different in their ways;
Memories, lifetimes, escapades.
Minds and hearts together brewed
Tears that glisten in their moods.
Hark dear daughters! Venture great
For life is quick and will not wait.



Education on **DIET, EXERCISE and NUTRITION**



Workshop with
Laura Murphy
VNA Health Promotion Nurse

Monday, September 27, 2010
(before the Blood Pressure Clinic at Woodside)
11am at WV 1 Community Room

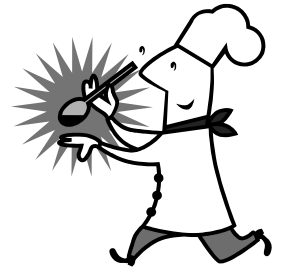
This is especially important for all of us to know this year; education and prevention can help keep everyone safe and healthy.

Please join us

Questions ??? please call Ann Baird, 598-693-7009

“Dinner at 5”

**WITH MOVIE MASTER HANK
SHOWING A FABULOUS FLICK AT 6:30PM**



September Menu

Woodside Village 2 Community Room

Thursday, September 2

Mac and Cheese
Ham, Salad
Dessert

Thursday, September 9

Pasta and Meat Sauce
Salad and Rolls
Dessert

Thursday, September 16

BBQ Hamburgers
Cole Slaw
Dessert

Thursday, September 23

Soup
Salad and Rolls
Dessert

Remember to call Ann Baird to sign up 693-7009

September Calendar

Blood Pressure Clinics

Hillside: Wed., September 1 @ 10:00am (first Wednesday of the month)

Aidylberg: Thurs., September 16 @ 10:30am (third Thursday of the month)

Woodside 1: Mon., September 27 @ noon (last Monday of the month)

Woodside 2: Mon., September 27 @ 1:15pm (last Monday of the month)

Rosary – Thursdays at 3:30pm at WV1

Bingo – Woodside Village - Tuesdays at 6:30pm at WV1

Hillside Village – Tuesdays at 6:30pm at HV2 Community Room

Movies – Thursdays @ 6:30pm at WV2 - Hank Sjostrom is the *Movie Manager!*

AA Weekly Meeting for IEH Residents – Mondays and Fridays at 3:30pm at WV1

Please note: meetings are held on holidays