

# Village Voice

**September 2009**

We have all the news from Hillside Village, Woodside Village, Aidylberg Village and the Love House.

# September has arrived!



## Birthdays to Celebrate

### **Love House**

Happy Days to all!

### **Hillside**

9/6 Doris Young—HV1  
9/9 Craig Sias—HV1  
9/11 Susan Rice—HV1  
9/18 Hilda Illingworth—HV1  
9/20 Al Hopp—HV2  
9/26 Barbara Holt—HV3

### **Woodside Village**

9/8 Jeannette Vincent—WV1  
9/9 Madeline Blakely Heath—WV5  
9/14 Spencer Hilton—WV3  
9/18 Emma Goldhorn—WV2  
9/26 Lillian Bush—WV1

### **Aidlyberg Village**

9/6 William Sullivan—AV2

## Hillside Village

Joan McDonough, Tenants' Association President (508-696-9312)



It seems like only yesterday that we had our last meeting! Since then, the Bottle & Can Fund has grown beyond expectations!! Thank you to all—and keep up the good work.

### ***Save the date!***

**We are planning a dinner after the October 10th meeting.**

The menu will be posted on all bulletin boards with the sign-up sheets.

### **First Tenant's Association Meeting**

See you on **September 12th.**

Join us to plan an exciting new year of activities and events !!

## Beauty at Woodside VI

Roberta Mendlovitz



Meandering one day, I discovered an oasis of beauty right here at Woodside VI. Ed LaPiene has created a Williamsburg-type garden in the back of the apartments for the tenants of that unit. It is a very charming space which has been carved out of wood-chips and flowers and is like going into a little retreat of calmness. I really did not want to leave. If you go back there, the buses and the cars and the YMCA building efforts just fade into nothing and one is surrounded by peace. This area, along with the garden outside of Woodside I is music to the souls of all and I urge you to visit both these spots to see what beauty can be created right here at our homes. We have Ed and Eleanor (Petricone) to thank for these spots of beauty, but we all can enjoy them especially in the cooler air of September.

Woodside II walkway is framed by an English-type garden by Lynn and Bill Thorp. It, too, offers a really lovely and colorful approach to anyone passing by.

As the Fall and Winter appear, these lovely spots will disappear so do take a look at them while you can. It calms the hearts. Thank you all who have worked so hard to bring us beauty right here at home.



## Woodside Tenants' Association Cookout!

We are so happy to welcome back **Norman Ethier**, our president of the Tenants' Association AND our Barbeque Master.

### SAVE THE DATE!

**On Sunday, September 6th will be the annual Labor Day Cookout!**

## The Berg Watch and Woodside Garden

Thank you for the responses to last months call for volunteers: A **HUGE** thank you to **Emma Goldhorn** for her vigilant watering, weeding and thoughtful tending of some of the gardens at Woodside. Much Thanks to **Ed LapPiene** for his garden expertise and willingness to begin work on the Woodside I tree circle project.

Thank you **Jim Gaffney** and **Spencer Hilton** for your landscaping and garden expertise. And **Jim**, the hand-lawnmower sharpening is great! Gosh — all of your expertise is so welcome. Please feel free to give us pointers (in particular...the rose bushes along the front of the WV-I garden).

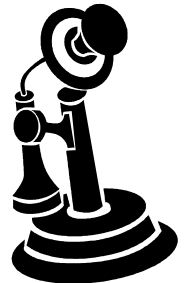
The black berries are beautiful this year. The chives, thyme and marjoram are ready to harvest. Contact Lynn ( 593-3423) if you're interested in purchasing some while they last.

Gardening tips for September: water trees and shrubs once or twice a week and dead-head buddleia to keep it blooming throughout September.

“Work is love made visible.” ~Kahlil Gibran~

### Important Phone Numbers

Dorothy Young, Property Manager .....	508-693-7555, ext. 14
Sandra Webster, Site Manager Hillside .....	508-693-7577
Ann Baird, Service Coordinator .....	508-693-7009
Liam Carter, Maintenance Director .....	508-693-8318
Daytime cellphone .....	774-563-2149
Emergencies Nights and Weekends .....	774-563-2148
Blueberry Van – Kevin McFarland .....	508-693-5880 ext.15



# Health Education and Prevention Workshops

Nicole Barlett of the VNA



Woodside Village 2 Community Room

11am— before the Blood Pressure Clinics

Monday, September 28, 2009

**Flu Safety and Prevention**

Monday, November 23, 2009

**Diabetes**

Monday, January 25, 2010

**Health, Fitness, and Exercise**

Monday, March 22, 2010

**Stroke**

Monday, May 24, 2010

**Lyme Disease**

## Other Workshops

Look in the monthly **55 Plus** news supplement for other educational workshops at the Tisbury, Oak Bluffs, Edgartown and Up-Island Senior Centers.

**??? Questions ??? Call Ann Baird at 508-693-7009**

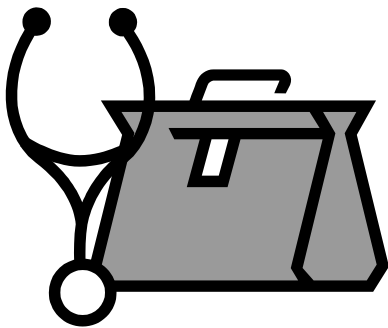
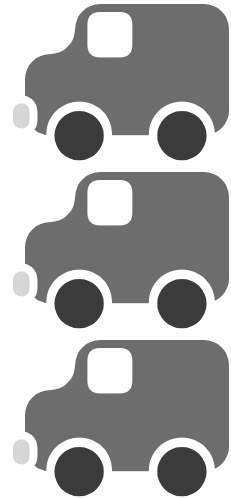
# News/Reminders from Staff

## **Cruise Master and The Blueberry Van**

**Save gas, have some fun!**

Join our very own cruise master, Kevin McFarland! The van runs on **Monday, Tuesday, Thursdays, and Fridays from 9am-12noon**. The contribution is **\$4** for a fabulous cruise experience.

Don't forget—if you have a special request or time you need to travel—you can always barter! Just ask Kevin.



## **Education on FLU SAFETY**

Workshop with  
**Nicole Barlett**  
VNA Health Promotion Nurse

**Monday, September 28, 2009**  
(before the Blood Pressure Clinics at  
Woodside)  
**11am at WV 2 Community  
Room**

**This is especially important for all of  
us to know this year; education and  
prevention can help keep everyone  
safe and healthy.**  
**Please join us**

**If you need transportation help, please  
call Ann Baird, 598-693-7009**

## **Lifeline Medallions Important Reminder**

**Medallions are waterproof**

One of the most important times to have your lifeline with you is during a shower or bath. Our thanks to Jeannette Bigelow for the reminder that the medallions are waterproof and since most falls happen in the bathroom, please wear your lifeline at all times.

# “Dinner at 5”

**WITH MOVIE MASTER HANK  
SHOWING A FABULOUS FLICK AT 6PM**



## September Menu

### Woodside Village 2 Community Room

**Thursday, September 3**

“Make your own sandwich”  
Potato Salad  
Dessert

**Thursday, September 10**

Fish Sticks and Veggie  
Salad and Rolls  
Dessert

**Thursday, September 17**

Macaroni and Cheese  
Salad and Rolls  
Dessert

**Thursday, September 24**

Meatloaf and Mashed Potatoes  
Veggie and Salad  
Dessert

Remember to call Ann Baird to sign up 693-7009

## September Calendar

### Blood Pressure Clinics

Hillside: Wed., September 2 @ 10:00am (first Wednesday of the month)

Aidylberg: Thurs., September 17 @ 10:30am (third Thursday of the month)

Woodside 1: Mon., September 28 @ noon (last Monday of the month)

Woodside 2: Mon., September 28 @ 1:15pm (last Monday of the month)

Rosary – Thursdays at 3:30pm at WV1

Bingo – Woodside Village - Tuesdays at 6:30pm at WV1

Hillside Village – Tuesdays at 6:00pm at HV2

Movies – Thursdays @ 6:00pm at WV2 - Hank Sjostrom is the *Movie Manager!*

AA Weekly Meeting for IEH Residents – Mondays and Fridays at 3:30pm at WV1