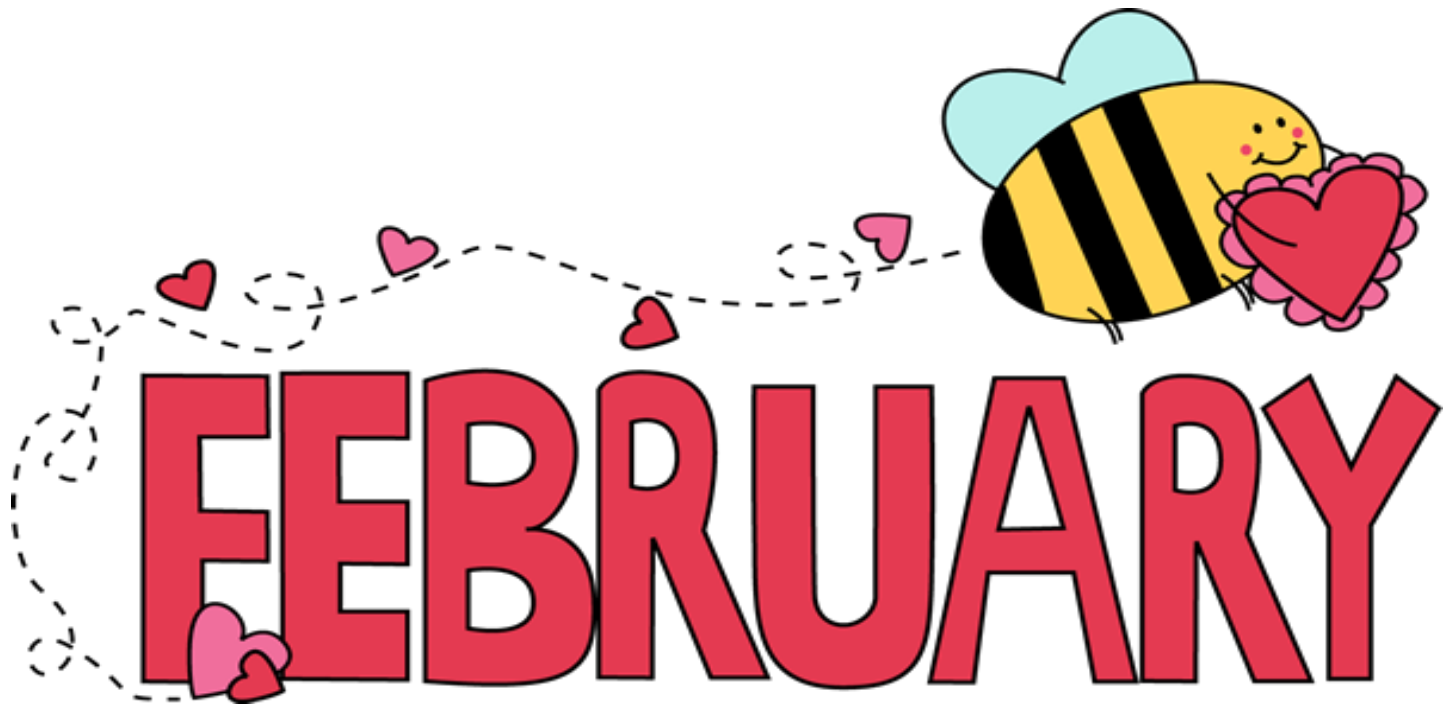


Village Voice



February Birthdays!

Hillside Village

02/15 Jose Moreira HVI
02/17 Colin Kennedy HVI
02/18 Rebecca Perkalis HVI
02/20 Elijah Reed HVI
02/20 Wendy deGeofroy HVII
02/23 Wendy Brophy HVII

Love House

02/28 Thomas Thatcher

Woodside Village

02/02 Marla Sternburg WVII
02/04 Rita Reynolds WVII
02/06 Glenda Cataloni WVI
02/06 Ada Macomber WVI
02/06 Rosemary Brown WVIII
02/23 Anne Sylvester WVIV

PLEASE JOIN US TO SUPPORT ISLAND ELDERLY HOUSING

Wednesday, February 22, 2017



TIN HANGAR RESTAURANT

17 Airport Road, Edgartown, MA 02539

For Reservations or Take-out orders 508-693-1137

<https://www.facebook.com/Tin-Hangar-1135078773250408/>

Hours are 4-8 p.m.

Last reservations are for 8 p.m.

Tin Hangar shall donate 20% of food sales (take-out orders as well as dine in) with proceeds going to Island Elderly Housing. Adult beverages are excluded.

IEH will have a silent auction and a 50/50 raffle

FOR MORE INFORMATION PLEASE CALL

ISLAND ELDERLY HOUSING

508-693-5880 EXT 12

DINE TO DONATE



FROM THE MAINTENANCE DEPARTMENT:

We quite frequently take water for granted, the EPA estimates that in the United States alone over 1 trillion gallons of water get wasted; (yes, 1,000,000,000,000 gallons of water).

Living here on the island we have to be very conscious of our natural resources. With our single source aquifer that supplies our water, we have to be very diligent about not wasting this very precious natural resource.

If you have a small drip from your kitchen faucet or your toilet starts to run more than usual, please do not hesitate to let us know. A single drip may not sound like much, but a single drip over the course of a year can waste thousands of gallons of water.

We have been trying to replace toilets and faucets with new low flow and low usage fixtures.

If you have any questions, please do not hesitate to contact me.

Greg Monka

Maintenance Director

Supportive Services

Ann Baird, Service Coordinator 508-693-7009
Kevin McFarland, Assistant 508-693-5880 ext 15

VTA

I would like to thank Lois Craine for coming to Woodside to discuss the new bus schedules and to answer resident questions and concerns. If you missed it, Lois will be visiting again in the spring and always welcomes your comments and ideas for better service. Reminder the 2017 senior bus passes are available in the Service Coordinator's office. The annual fee is \$35.00 good through Dec. 31 2017.

Wellness workshop

Our first session of the new health and wellness group will be starting on Monday February 13th, 10:30am - 12 noon. The topic will be on the relaxing benefits of Hand Massage. This is a "hands on" workshop, hope to see you there.

Soup will be served following the workshop.

The workshop will take place at Woodside 1 in the A-Corridor Community Room.

See the notices in the foyer for more information.

Please sign up with Ann if you are planning to attend.

Seasonal Affective Disorder (SAD)

The SAD presentation has been rescheduled for Monday February 27th 2017 at 11:15am, Presented by Elizabeth Sanderman, RN.

The presentation will be in the Woodside 1 Community Room followed by the Monthly Blood Pressure Clinic.

Reminder; Woodside BP Clinic;

Monday February 27th 12p – 1pm – Woodside 1 Community Room

1:15p – 2pm Woodside 2 Community Room

IEH Arts and Craft Show

Attention all arts and craftsmen; Featherstone has kindly agreed to host a Show for all IEH residents. This includes residents from Hillside, Woodside, Aidylberg and The M.C. Love House. A tentative date is scheduled for the first weekend of May. If you are interested in participating please contact me.

More information will follow.

Thank you!

RESIDENT SPONSORED MONTHLY ACTIVITIES

<p style="text-align: center;"><u>MONDAYS</u></p> <p style="text-align: center;">10:00am Chair Exercises with Suzanne WVI A Corr. Community Room</p> <p style="text-align: center;">Postponed</p> <p style="text-align: center;">3:30:4:30pm AA Meeting for IEH Residents WVI A Corr. Community Room</p>	<p style="text-align: center;"><u>TUESDAYS</u></p> <p style="text-align: center;">11:00am-1:00pm Wii Bowling WVI Community Room</p>	<p style="text-align: center;"><u>WEDNESDAYS</u></p> <p style="text-align: center;">9:30am-11:00am Bible Study with Joan WVI A Corr. Community Room</p> <p style="text-align: center;">3:00-4:00pm Cheerful Hour WVI A Corr. Community Room</p>
<p style="text-align: center;"><u>THURSDAYS</u></p> <p style="text-align: center;">11:30am-1:30pm Wii Bowling WVI Community Room</p> <p style="text-align: center;">3:00-4:15pm Sign Language WVI Community Room</p> <p style="text-align: center;">5:00pm Thursday Night Dinner</p>	<p style="text-align: center;"><u>FRIDAYS</u></p> <p style="text-align: center;">9:30-11am Roundtable Discussion Meeting A Corridor Community Room with Joan Fennell</p> <p style="text-align: center;">3:30-4:30 AA Meeting for IEH Residents WVI A Corr. Community Room</p>	<p style="text-align: center;"><u>SATURDAYS</u></p> <p style="text-align: center;">12:30pm Trivial Pursuit WVI A community room</p> <p style="text-align: center;"><u>SUNDAYS</u></p> <p style="text-align: center;">No activities this month</p>

Free Blood Pressure Checks by VNA nurse

Woodside I- February 27 from 12:00pm-1:15pm

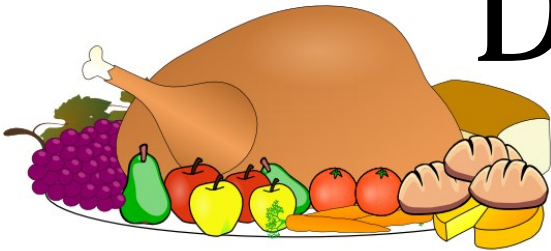
Woodside II- February 27 from 1:15 pm-2:00pm

Hillside Village I- February 1 10:00am-11:00am

Want to add something?

**Please call Linda Amaral at 693-5880 or email:lamaral@iehmv.org
before the 21st of the month
to add your event to the next month's issue.**

Dinner at five



February Menu

February 2

Meatloaf, Mashed Potatoes

February 9

Chicken Vegetable Soup

February 16

American Chop Suey

February 23

Glazed Chicken

**All meals are served
with a desert and salad!**

Thursdays at 5 pm,
Woodside Village II

To sign up for dinner or to
order a Dinner to Go,
please call at least
24 hours in advance to
Kevin McFarland at 693-5880 x15.
Dessert is served with all meals!



Dinners are sponsored by
The Permanent Endowment for Martha's
Vineyard
And
The Farm Neck Foundation

Important Phone Numbers:

Dorothy Young, Executive Director.....508-693-5880 ext.12
Jessica Dueño, Property Manager.....508-693-7555
Lucinda Perregil, Assistant Property Manager....508-693-7557
Denise Cote-Alwardt, Administrative Assistant..508-693-1367
Samantha Davenport; Hillside Site Manager... 508-693-7577
Ann Baird, Service Coordinator..... 508-693-7009
Greg Monka; Maintenance Director.....508-693-8318
Emergencies Nights and Weekends.....774-563-2148
Blueberry Van—Kevin McFarland.....508-693-5880 ext. 15



The van cruises on Tuesday, Thursday and Friday;
leave a message on Kevin's answering machine if you want a ride.