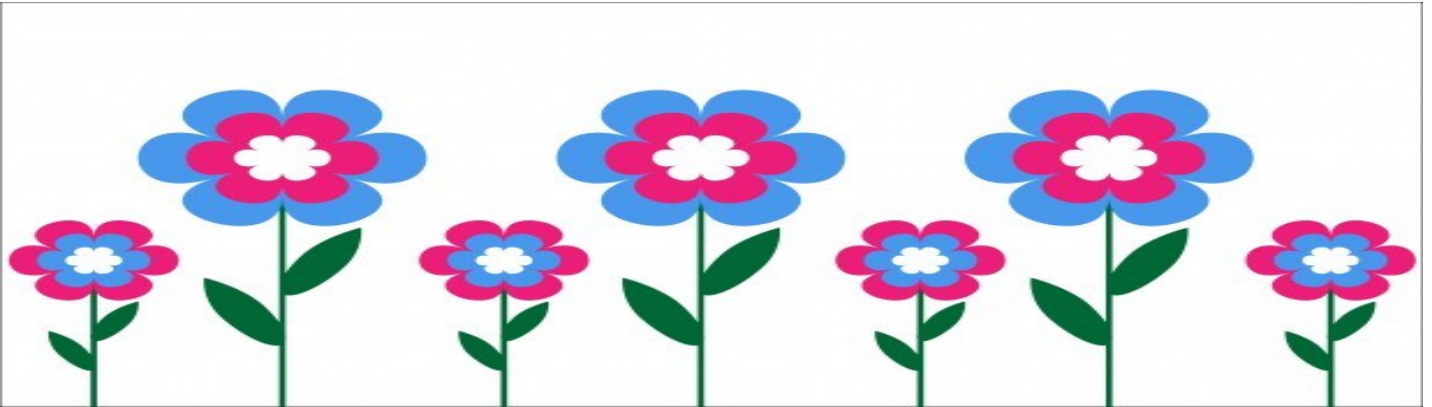


Village Voice



March 2019

March Birthdays!

Hillside Village

03/18 Colleen Francis HV II

03/20 Sheri Thomas HVI

03/26 Jessica Oliver HVI

03/29 Kathleen Madeiros HVI

Love House

03/06 Dolores Ruckman

Woodside Village

03/11 Joan Fennell WVI

03/13 Austin Cargill WVI

03/15 John Ellis WVI

03/17 Michael Haydn WVIII

03/23 William Thorp WVII

03/25 Robert Martin WVI

03/26 Dorothy Grant WVI

03/26 Shirley Robinson WVII

FROM THE MAINTENANCE DIRECTOR

How about those Patriots', winning Super Bowl LIII; what an exciting game.

We have blue recycling bins and cardboard bins at all of our locations, please only put recyclables in the blue bins. If there is a question about what can go into the bin there is an illustrated guide on top of most of the blue bins. To help prevent our cardboard bins from overflowing, if you could please break down your boxes so they lay flat, that would be very helpful.

Some resident have asked me if they can use chemicals (Drano or Liquid Plumber) to clear their kitchen sink. Please do not use any of these products; they are extremely dangerous and harmful. If you are having an issue with drainage, please fill out a work order, and we will fix the problem. To help prevent drain blockage; please do not put any grease, bones, or peelings down the drain. One nontoxic way to clean your drain is to use 1 part vinegar and 1 part baking soda.

If you have any questions, please do not hesitate to contact me.

Greg Monka

Maintenance Director

FROM PROPERTY MANAGEMENT

Greetings Residents!

Spring is finally on the way. Lighter days and warming ways. Daylight Savings is on March 10, set your clocks ahead one hour. Spring officially begins on March 20. I look forward to seeing more of our community outdoors enjoying the sun and relaxing with friends in nature.

Property Walk-Throughs: Over the coming weeks, the Executive Director and Property Management Staff will be doing Walk-Through Inspections of the public spaces, buildings and grounds for each IEH property. We are already making improvements and crossing clean-up items off our lists at Woodside I, II and III, Hillside Village I and the Margaret Love House. We hope this exercise will be beneficial to our community members. If you have any suggestions or observations about your own place of residence, please do not hesitate to reach out to the Property Management Staff and thank you!

Continued to next page

FROM PROPERTY MANAGEMENT

PAGE 2

Resident Meetings: IEH held a series of Resident Meetings in January and February at Woodside I, Hillside I & II, Aidylberg & the Margaret Love House. We appreciate seeing many Residents and gaining valuable feedback. The goals are to disseminate community information, open communication & dialogue and meet Residents in their home communities.

Tenants' Association: In our Resident meetings, we had inquiries about re-establishing a Tenants' Association. This is a group run for Residents and by Residents, independent from the management structure of IEH. Leadership and organization for such an Association would be accomplished by the Residents. It can be used as a vehicle for many activities, including communication with IEH, the Board of Directors, conflict resolution, idea proposals, and community events. Below is the applicable section about their establishment in our Resident Handbook/Lease:

TENANT ORGANIZATIONS: Residents have the right to establish and operate a *tenant organization* for the purpose of addressing issues related to their living environment as well as activities related to housing and community development. A *tenant organization* is considered legitimate if it has been established by the residents of a multifamily housing project covered under *Section 245.110* for the purpose described above, and meets regularly, operates democratically, is representative of all residents in the development, and is completely independent of owners, management, and their representatives. The definition of legitimate *tenant organization* includes "organizing committees" newly formed by residents, and does not require specific structures, written by-laws, elections, or resident petitions.

Resident Dinners: If the winter seems to be dragging...Come for some fun to the Woodside Village 1 Residents' hosting of Sunday night dinners, free for all IEH Residents between 4-6 p.m. at the Woodside Village I Community Room. Bring any dish or donation, helping hands, or just the pleasure of your company. All are welcome!



SUPPORTIVE SERVICES

Ann Baird – 508-693-7009

Thank you!

Thank you to Betsy Corsiglia for presenting a wonderful talk on Nutrition and Healthy eating. Betsy demonstrated a recipe for Squash and Carrot Soup, followed by a Yogurt and Granola Parfait. Everyone enjoyed the presentation and the food. We hope to have Betsy return soon to share some more tips on healthy eating and her recipe's.

Blood Pressure Clinic

Reminder the Monthly Blood Pressure Clinic continues to be held on the 4th Monday of every month.

The March Clinic will be; Monday March 25th@11:30am (WV 1), 12:45(WV2)

Home visits are available, call Ann Baird to schedule ; 508-693-7009.

Dental Clinic

Two Dental Clinics will be held at the Oak Bluffs COA.

Date: March 29th 8:30-2:30pm

All Woodside residents are eligible to attend these clinics.

These Clinics are run through Vineyard Smiles part of Vineyard Health Care Access. For more information call 508-693-7009 or 508-696-0020.

Save the Date

April 4th – Dine to Donate@ Offshore Ale in Oak Bluffs.

This fundraiser will benefit The Community Dinner and the Blueberry Van Programs.

April 19th – Dental Clinic; Hillside Village 1 Community Room.

All IEH residents are eligible to attend.

More information will be posted soon.

Almost Spring!

MORIDIA PARA IDOSOS NA ILHA, INC. (ISLAND ELDERLY HOUSING, INC.)

AVISO DE SERVICOS DE INTERPRETE

Por favor deixe o Gerente Local saber se voce gostaria de ter um interprete para assistir voce no processo de aplicacao ou para algum informacao das responsabilidades do inquilino.

ALOJAMIENTO DE RETIRADOS DE LA ISLA, INC. (ISLAND ELDERLY HOUSING, INC.)

AVISO DE SERVICIOS DE INTERPRETE

Por favor deje saber el Gerente del Lugar si usted desea un interprete para asistirlo con el proceso de la aplicacion o para una explicacion de las responsabilidades del inquilino.

RESIDENT SPONSORED MONTHLY ACTIVITIES

<p style="text-align: center;"><u>MONDAYS</u></p> <p>11:00am-1:00pm Wii Bowling WVI Community Room</p> <p>3:30:4:30pm AA Meeting for IEH Residents WVI A Corr. Community Room</p>	<p style="text-align: center;"><u>TUESDAYS</u></p> <p>11:00am-1:30pm Wii Bowling WVI Community Room</p>	<p style="text-align: center;"><u>WEDNESDAYS</u></p> <p>11:00am-1:00pm Wii Bowling WVI Community Room</p>
<p style="text-align: center;"><u>THURSDAYS</u></p> <p>11:00am-1:00pm Wii Bowling WVI Community Room</p> <p>2:00-3:30 PM Bible Study WV1 A Corridor Community room</p> <p>5:00pm Thursday Night Dinner</p>	<p style="text-align: center;"><u>FRIDAYS</u></p> <p>11:00am-1:00pm Wii Bowling WVI Community Room</p> <p>3:30-4:30 AA Meeting for IEH Residents WVI A Corr. Community Room</p>	<p style="text-align: center;"><u>SATURDAYS</u></p> <p>12:30pm Trivial Pursuit WVI A community room</p> <p style="text-align: center;"><u>SUNDAYS</u></p> <p>12:30-2:00 pm Wii Bowling WVI A Corridor Community Room</p>

Free Blood Pressure Checks by VNA nurse

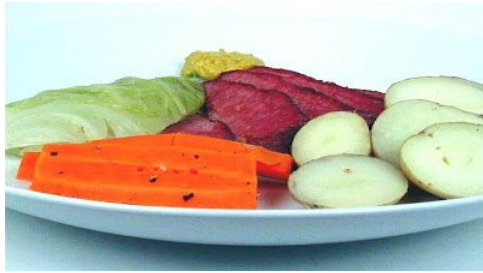
4th Monday of the month

Woodside 1 – 11:30am to 12:30pm

Woodside 2 - 12:45pm – 1:45pm

Want to add something?

Please call Linda Amaral at 693-5880 or email:bookkeeper@iehmv.org
before the 21st of the month
to add your event to the next month's issue.



DINNER AT FIVE

March Menu

3/7

Homemade Beans and Franks

3/14

Pork Roast with Roasted Potatoes and Carrots

3/21

Boiled Dinner – Corned Beef, Cabbage and assorted Veggies

3/28

Creamy Chicken and Noodle Casserole

**All meals are served
with a dessert and salad!**

Thursdays at 5 pm,
Woodside Village II

To sign up for dinner or to
order a Dinner to Go,
please call at least
24 hours in advance to
Kevin McFarland at 693-5880 x15.
Dessert is served with all meals!



Dinners are sponsored by
The Permanent Endowment for Martha's Vine-
yard
And
The Farm Neck Foundation

Important Phone Numbers:

Dorothy Young, Executive Director.....508-693-5880 ext.12
Property Manager508-693-7555
Vanessa McGreevy; Assistant Property Manager....508-693-7557
Denise Cote-Alwardt, Administrative Assistant.....508-693-1367
Mary Holmes: Hillside Site Manager.....508-693-7577
Ann Baird, Service Coordinator.....508-693-7009
Greg Monka, Maintenance Director.....508-693-8318
Maintenance Emergencies.....774-563-2148
Blueberry Van—Kevin McFarland.....508-693-5880 ext. 15



The van cruises on Tuesday 9-12, Thursday 10-1 and Friday 9-12;
leave a message on Kevin's answering machine if you want a ride.