**RESOURCE GUIDE**



**ADULT PROTECTIVE SERVICES**

**Elder Services**

508-693-4393

**ADVOCACY**

**Healthy Aging MV**

508-693-6716

**Cape Organized Rights for the Disabled (CORD)**

508-775-8300

**Disability Rights ACLU**

212-549-2500

**CLOTHING**

**Chicken Alley Thrift Shop**

508-693-2278

**COUNCILS ON AGING**

**Oak Bluffs Council on Aging**

508-693-4509

**Tisbury Council on Aging**

508-696-4205

**Edgartown Council on Aging**

508-627-4386

**Up-Island Council on Aging**

508-693-2896

**DAY CENTER**

**MV Center for Living**

508-939-9440

**DOCTOR OFFICES**

**Island Health Care**

508-939-9358

**MV Hospital Primary Care**

508-684-4500

**Vineyard Medical Care**

508-693-4400

**DOMESTIC VIOLENCE**

**MVCS CONNECT To End Violence**

774-549-9667

**DUMP RUNS**

**MV Rubbish Disposal**

508-645-5050

**Cord Bailey**

508-685-0809

**EMERGENCY MANAGEMENT**

**American Red Cross**

508-775-1540

**FINANCIAL ASSISTANCE**

**Salvation Army**

774-563-9436

**MV Hebrew Center**

508-693-0745

**Cape Cod Needy Fund**

508-778-5661

**St. Vincent de Paul**

508-693-1897

**FITNESS**

**Center for Living**

508-939-9440

**YMCA**

508-696-7171

**FOOD RESOURCES**

**Island Food Pantry**

**508-296-8384 or** [**emaildelivery@islandfoodpantry.org**](mailto:emaildelivery@islandfoodpantry.org)

**Island Grown Initiative Mobile Market**

508-687-9062

**Serving Hands**

Alicia Nichols

508-696-7563

**FUNERAL HOMES**

**Chapman Coleman and Gleason**

508-693-1495

**FURNITURE**

**Chicken Alley Thrift Shop**

508-693-2278

**HEARING**

**Vineyard Audiology**

508-696-4600

**Miracle Ear**

508-457-9285

**HearingLife**

508-232-4922

**HEALTH INSURANCE**

**Mass Health**

800-242-1340

**Medicare**

800-633-4227

**Vineyard Health Care Access**

508-696-0020

**HOME CARE SERVICES**

**Cape Cod VNA**

508-957-7400

**Elder Services**

508-394-4630

**Greater Boston**

1-888-762-2929

**Best of Care**

508-619-7292

**A1 Cleaning**

508-696-0609

**Vineyard Village at Home**

508-693-3038

**HOSPICE**

**Hospice of Marth’s Vineyard**

508-693-0189

**VNA Hospice**

800-631-3900

**LAUNDRY SERVICES**

**Airport Laundry**

508-560-3393

**LEGAL**

**South Coast County Legal**

774-487-3250

**LIFELINE SERVICES**

**Phillips Lifeline**

508-335-3709

**Be Safe at Home**

781-938-7377

**Verizon Lifeline Service**

800-837-4966

**MEALS ON WHEELS**

**Elder Services, Michelle Dupon**

508-693-4393

**MEDICAL SUPPLIES**

**Island Home Medical**

508-693-4380

**Westgate Home Medical**

508-775-3339

**MENTAL HEALTH**

**Martha’s Vineyard Community Services CORE**

508-693-7900

**Martha’s Vineyard Community Services Island Counseling Center**

508-693-7900

**NEWS RESOURCES**

**MV Times**

508-693-6100

**MVTV**

508-696-9760

**Vineyard Gazette**

508-627-4311

**PODIATRIST**

**Dr. Michelle McCrumb**

508-696-8877

**MV Hospital**

Regina M. Mostone, DPM

508-684-4500

**RENT ASSISTANCE**

**Cape Cod Needy Fund**

508-778-5661 Fax: 508-862-0430

**Salvation Army**

774-563-9436

**SAFETY**

**CONNECT to End Violence**

508-693-7233

**Oak Bluffs Police Department**

508-693-0750

**Oak Bluffs Fire Department**

508-693-5380

**Tisbury Police Department**

508-696-4240

**Tisbury Fire Department**

508-696-4246

**SNAP/FOOD STAMPS**

**DTA Assistance Line**

877-382-2363

**Dukes County Social Services**

508-696-3844

**SOCIAL SECURITY**

**Falmouth Office**

855-881-0212

**SUBSTANCE ABUSE**

**Martha’s Vineyard Community Services**

508-693-7900

**Island Health Care**

508-939-9358

**SUPPORT GROUPS**

**CONNECT to End Violence**

508-693-7233

**Martha’s Vineyard Community Services**

508-693-7900

**TRANSPORTATION**

**Vineyard Transit Authority Bus Service**

508-693-9440

**The LIFT**

508-693-9440

**Cape Cod Regional Transit Authority (scheduling PT1)**

508-385-1430 x3

**GoGoGrandparents**

Cindy Trish

508 693-7900 ext. 455 (office)

**VETERANS**

**Dukes County VA Agent**

508-693-6887

**Martha’s Vineyard Community Services**

508-693-7900

**IEH IMPORTANT NUMBERS**

**Property Management**

**Marianne Sebastian, Property Manager**

508-693-7555

**Denise Cote-Alwardt, Occupancy Specialist**

508-693-1367

**Lynn Orlando, Site Manager Hillside I**

508-693-7577

**Maintenance**

**Mary Kay Mazza, Maintenance Assistant**

508-693-8318

**After Hour Emergencies**

1-774-563-2148

**Service Coordinator**

**Mary Gosselin**

508-693-7009

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